



Event Number 3 of EPOC's Calderdale Hub "Moving with a Map" Autumn / Winter Series

Saturday 23rd November

Midgley Moor

DRAFT DETAILS



Event Centre: Midgley Community Room behind the village shop on Town Gate.

OS Ref - SE032264 Post Code – HX2 6UE What3words -gloom.nightcap.bulky

Parking: Parking available on Town Gate and Jim Allen Lane. Please park considerately.

Public Transport: Halifax-Midgley Circular Bus Service 574 stops on Town Gate.

Courses:

Course	Distance (km)	What to expect
White/ Yellow	~2	Suitable for beginners, Juniors and Families.
Red	~5	Long, easy navigation, suitable for runners.
Green	~5	Interesting technical challenge and training for more experienced orienteers.

Terrain: Exposed open moorland with some complex quarried areas. Panoramic views in good weather. Mixed runnability. Careful choice of path options to be balanced with some slow running through heather/tussocks between paths.

Refreshments and Toilets: Cake, hot drinks and toilets will be available in the Midgley Community Room. The room will be available from 12:00 until ~3.45pm. Please take the opportunity to socialise after your run.

Map: 1:10,000 scale, 5m contours.

Entries: Through the Race Signup entry page (<https://racesignup.co.uk/>). **Pre-entries limited to 30 people.**

Entry Fees: Before 21st November - Senior £5.00, Young Adult (21-25) £3.50, Junior £2

From the 21st November and entry on the day- Senior £7.00, Young Adult (21-25) £5.00, Junior £3

Non-British Orienteering Member Senior Supplement - £1

Entry on the Day: Limited entries on the day subject to map availability.

Start: Open punching starts from 12.30 to 1.30pm. Start is 650m walk from the event centre with 85m climb.

Finish: Same location as the start. **Courses close at 3pm.**

Safety: A comprehensive risk assessment has been carried out by the organiser. The risks associated with competing in an outdoor environment are significant and need to be taken seriously by all competitors who take part at their own risk and are responsible for their own safety. Parents are particularly asked to emphasise these points with their children.

Midgley Moor is an area of exposed, open moorland. In bad weather, visibility may be extremely limited. Rain & strong winds may lead to significant wind chill. **If weather conditions are bad then waterproof jackets may be mandatory.**

If you have a medical condition that first aiders should know about in an emergency, please contact the organiser with details, before/at the event before your run, in confidence. These details will only be used for the purposes of this event and will be deleted/destroyed afterwards.

Dogs: The landowners have requested that all dogs be kept on a lead.

Insurance: Members and Non-members of British Orienteering are covered by our public liability insurance.

Please ask any of our club officials for more information if you would like to join EPOC and British Orienteering.

Organiser: Julian Green

Contact email: julesmcgreen@gmail.com

Planner: Lindsay McMillan